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Welcome to the 5th Annual Women's Health Forum - hosted by the Stanford WSDM Center, also known as the Stanford Center for Health Research on Women and Sex Differences in Medicine. The Stanford WSDM Center acknowledges the wisdom of conducting research and expanding knowledge about women’s health and sex differences in biology and medicine. The vision of the Stanford WSDM Center evolved from the former Women’s Health at Stanford program and is: “Healthy women and men – from conception through the Life Course.” The mission of the Stanford WSDM Center is to “Advance human health across the lifespan through research and education in women’s health, biology of sex differences, and gender.”

Today’s 5th Annual Women’s Health Forum was made possible thanks to the generous support of
WSDM Leadership Team:

Marcia Stefanick, PhD
Lynn Westphal, MD
Sonoo Thadaney, MBA
Terri Oppelt (TO) Preising, JD, M.Ed

WSDM Advisory Board:

Linda Boxer, MD, PhD
Atul Butte, MS, MD, PhD
Bertha Chen, MD
Mark Cullen, MD
Mark Davis, PhD
Neil Gesundheit, MPH, MD
Sabine Girod, MD, DDS, PhD
Steven Goodman, MD, MHS, PhD
Michael Greicius, MPH, MD
Andy Hoffman, MD
Amy Ladd, MD
Yvonne (Bonnie) Maldonado, MD

Douglas Owens, MD, MS
Mark Pegram, MD
Ellen FitzSimmons Porzig, PhD
Charles Prober, MD
Marlene Rabinovitch, MD
Natalie Rasgon, MD, PhD
Laura Roberts, MA, MD
Londa Schiebinger, MA, PhD
David Stevenson, MD
Eila Skinner, MD
Michael Snyder, PhD
Susan Swetter, MD
Jennifer Tremmel, MD, MS
An esteemed leader in reproductive medicine, Dr. Westphal’s pioneering spirit was first evident in 1999, when she started one of the first oocyte cryopreservation programs in the country. She is director of the Fertility Preservation Program at Stanford, improving outcomes for women seeking family building, despite a cancer diagnosis. As Co-Founder and Co-Director of the Stanford WSDM Center, she utilizes her unique collaborative skills and multidisciplinary interests to bring about transdisciplinary research, education and clinical care. Dr. Westphal received her medical degree from Stanford University, subsequently completing post-doctoral fellowships at both Stanford and the University of California, San Francisco. She is a recent faculty fellow of the University’s Clayman Institute for Gender Research. As a Co-Director of the Women’s Health scholarly application and an advising associate in the medical school, she mentors medical students who are interested in research and clinical opportunities related to women and sex differences. Newer initiatives include her advocacy for more sex/gender medical research, and developing more supportive, multidisciplinary group processes for conducting research and enhancing clinical care.

Professor Marcia Stefanick, a renowned women’s health researcher, has played a leadership role in the landmark Women’s Health Initiative (the largest study of postmenopausal women ever) since 1994, conducted the NCI WHEL (plant-based diet) trial of breast cancer survivors, and was actively involved in the Women’s Health at Stanford program since its 2001 inception. She is the Co-Founder & Co-Director of the Stanford WSDM Center. Dr. Stefanick is a Council member of the Organization for the Study of Sex Differences (O.S.S.D.), which will be convening its annual scientific meeting at Stanford next April (23-26), 2015. As senior faculty of the Stanford Prevention Research Center, Dr. Stefanick’s widely disseminated research has emphasized the role of lifestyle — especially exercise, diet, weight control, and menopausal hormone therapy — on chronic disease prevention, particularly heart disease, breast cancer, osteoporosis, and dementia. Her primary academic interests include sex and gender differences and the influence of sex hormones on human physiology and disease over the life course, in particular, menopause, and healthy aging in both men and women. In addition, she directs popular Human Biology courses on sex differences in physiology and disease, current topics and controversies in women’s health, and health promotion over the life course and co-directs the School of Medicine’s Women’s Health application.
Who We Are: Stanford WSDM Center

Sonoo Thadaney’s career has included higher-ed academic program management and student affairs, teaching and mentoring; high tech product marketing, management, business development and sales; mediation; executive/leadership coaching, and filmmaking. In each career she works with brilliant minds as they focus on research, teaching, technology innovation, cine art and more. She translates their work for wider and deeper impact by focusing on equity, access and outcomes; engaging professionals from diverse and multiple identities; building cohesive teams in dispersed and decentralized organizations; helping create, launch and manage centers, businesses, programs and projects; and delivering timely and measurable results. Sonoo serves on the Boards for San Mateo County Court’s Alternative Dispute Resolution Programs, and for the Peninsula Conflict Resolution Center. She teaches conflict and decision coaching at Stanford and U.C. Berkeley Extension. Sonoo has a BA in Psychology, with a Minor in Sociology from the University of Poona, India; a post Baccalaureate in Mass Communications from Sophia College, Bombay, India; and an MBA from Santa Clara University, California.

Terri Oppelt (TO) Preising’s career has included teaching at the secondary education level and practicing law as a litigation attorney with a focus on labor and employment discrimination matters. She has served in organizational leadership roles in multiple community support groups, including the board of the Irvine chapter of the National Charity League, several PTA boards and the Girl Scouts of America. TO began her career at Stanford in the Residential Education Department engaging Resident Fellows and their student Resident Advisors to develop and deliver a variety of programs to the dormitory residents. More recently, she supported several faculty members in the Mechanical Engineering Department’s Design Group and managed the Design Group’s course database of more than 200 active classes. A graduate of Stanford with a BA in Political Science and an MA in Education, she holds a secondary teaching credential. TO received her JD from UCLA, where she was on the UCLA Law Review, and is a member of the California Bar.

Join Us!

With your gift, you make an investment in leading-edge medical research and education, and in-patient care programs that enhance life and health—now and for generations to come. Your generosity makes our work possible. We are grateful for your support.

The Stanford WSDM Center gratefully accepts support for our Forums, Symposia, Research Grants, Education and Patient Care mission. You may write a check to “Stanford WSDM Center” and mail it to 1265 Welch Road, MSOB 320, Stanford, CA 94305. Else, please contact Sonoo Thadaney at sonoot@stanford.edu or 650 725 0975.
1:00 Welcome - WSDM Co-Founders & Co-Directors: Lynn Westphal, MD & Marcia Stefanick, PhD
1:15 Keynote – Ruth Levine, PhD “Girls Count: A Global Investment & Action Agenda (Start with a Girl)”

2:00-3:05 Concurrent Sessions – Seating is on a 1st come basis

A. Venue: McCaw Hall 2:00-3:05
Panel Host: Jesse Draper, creator and host, The Valley Girl Show
Michele Barry, MD FACP
Inconvenient Truths about Global Research on Women
Paul Wise, MD, MPH
Confronting Women’s Health in Areas of Conflict and Political Instability

B. Venue: Lane/Lyons/Lodato 2:00-3:05
Moderator: Jennifer Tremmel, MD, MS
Venita Chandra, MD
Vascular Health Beyond the Heart: What All Women Should Know
Sharon Sha, MD, MS
Memory Loss: What is Normal Aging and What is Dementia?
Virginia Teti, MD
Facial Rejuvenation

3:05-3:20 Break – Coffee will be served in the Fisher Conference Center Lobby

3:20-5:15 Concurrent Sessions – Seating is on a 1st come basis

A. Venue: McCaw Hall 3:20-4:53
Panel Host: Jesse Draper
Julie Parsonnet, MD
A Lasting Inheritance: Microbes from Moms
Lee & Jake Sinclair
Kenyan Prevention Program: Impact on Rape and Teen Pregnancy
Sherry Wren, MD, FACS
Women as Surgical Patients in the Developing World

B. Venue: Lane/Lyons/Lodato 3:20-3:56
Moderator: Sepideh Modrek, PhD
Shuchi Anand, MD, MS
The Chronic Disease Epidemic: How a Woman’s Household Status Impacts Her Health
Sepideh Modrek, PhD
Mothers or Doctors: Who Decides About Female Genital Mutilation/Circumcision in Egypt?

A. Venue: McCaw Hall 4:55-5:15
Jennifer Hartle, DrPH, MHS, CIH
Pantry Pollutants: Toxins You Could Be Eating Daily

Stanford Medicine in the Community:
Screenings and Exhibits – Ongoing
Venue: Barnes/McDowell/Cranston

Health Library, Aging Adult Services, Navigation Services, Stanford Primary Care, Stanford Stroke Center, Cardiovascular Health, Dermatology, Stanford Medicine Imaging, New Technology from the Division of Clinical Anatomy, Women’s Heart Health at Stanford Ankle-Brachial Index Tests
Dr. Ruth Levine, a development economist and expert in international development, global health, and education, serves as the director of the Foundation’s Global Development and Population Program. Before joining the Foundation, Ms. Levine was a deputy assistant administrator in the bureau of Policy, Planning and Learning at the U.S. Agency for International Development. In that role, she led the development of the Agency’s evaluation policy. Previously, Ms. Levine spent nearly a decade at the Center for Global Development, an international policy research institute in Washington, D.C. There, she served as a Senior Fellow and vice president for programs and operations. Ms. Levine is the author of scores of books and professional publications, including a pair of influential reports from the Center for Global Development on development and adolescent girls: *Girls Count: A Global Investment & Action Agenda* and *Start with a Girl: A New Agenda for Global Health*. She also is co-author of the highly regarded report *When Will We Ever Learn? Improving Lives through Impact Evaluation*. Ms. Levine holds a B.S. in biochemistry from Cornell University and a Ph.D. in economic demography from the Johns Hopkins University.

Jesse Draper is creator and host of “The Valley Girl Show” and CEO of Valley Girl, Inc. She has produced and distributed over 150 interviews with some of the greatest minds in business, entertainment, government and technology including: Ted Turner, Mark Cuban, Sheryl Sandberg, Supreme Court Justice Sandra Day O’Connor, MC Hammer and Eric Schmidt, the former CEO of Google. Valley Girl has been called “Must see startup TV” by USA Today. Previously a Nickelodeon star, Draper has used her comedic and acting talents to bring an approachable feel to the business world. Through Valley Girl, she has helped pioneer the way in the digital media world and has created a new distribution model for online shows. Recently named “The Tech World’s Queen of Networking” by GENTRY Magazine, Jesse recently founded a women in business organization in association with Valley Girl which holds exclusive quarterly events across the country for cross industry networking and support of women in business. Draper is also an angel investor through her fund, Valley Girl Ventures, where she does early stage seed investing in startups that have a female in the founding team. Jesse splits time between Silicon Valley and Santa Monica and is a graduate of UCLA’s School of Theater, Film and Television. Draper is a regularly featured speaker on digital media, women in business and entrepreneurship at business conferences around the world, including: SXSW, DLD, TEDx, TechVentures and Universities such as Stanford and the University of Edinburgh. She is also a regular contributor to such news sites at Mashable, Forbes.com, Huffington Post and Glam.
Section A: 2:00-3:05 – McCaw Hall

Panel Host
Jesse Draper
Creator and Host, “The Valley Girl Show”, CEO, Valley Girl, Inc.

Inconvenient Truths about Global Research on Women
Michele Barry, MD, FACP
Senior Associate Dean for Global Health, Professor, Medicine and by courtesy Graduate School of Business, Senior Fellow Freeman Spogli Institute, Senior Fellow Woods Institute of the Environment
Research Interest: Tropical Diseases, Ethical Aspects of Overseas Research
Clinic: 650.736.5700
Medical: Albert Einstein College of Medicine
Residency and Chief Residency: Yale – New Haven Hospital/Yale University
Fellowship: Yale School of Medicine
Diploma of Tropical Diseases – Walter Reed
Past President of the American Society of Tropical Medicine and Hygiene

Confronting Women’s Health in Areas of Conflict and Political Instability
Paul H. Wise, MD, MPH
Professor of Child Health & Society, Senior Fellow at Freeman Spogli Institute
Research Interest: Public Health
Phone: 650.725.5645
Medical: Cornell University Medical College
MPH: Harvard School of Public Health
Section B: 2:00-3:05 – Lane/Lyons/Lodato

Moderator
Jennifer Tremmel, MD, MS
Assistant Professor of Medicine, Cardiovascular
Research Interest: Sex differences in cardiovascular disease
Clinic: 650.723.0180
Medical: University of Iowa
Residency: Dartmouth Hitchcock Medical Center
Fellowship: Stanford University Medical Center, Preventive Cardiology and Interventional Cardiology

Vascular Health Beyond the Heart: What All Women Should Know
Venita Chandra, MD
Clinical Assistant Professor, Division of Vascular & Endovascular Surgery
Research Interest: Women’s health, Minimally invasive approaches for complex aortic and peripheral vascular disease
Clinic: 650.497.8000
Medical: University of Chicago Pritzker
Internship, Residency, Fellowship: Stanford University

Memory Loss: What is Normal Aging and What is Dementia?
Sharon Sha, MD, MS
Clinical Assistant Professor, Neurology
Research Interest: Genetic forms of frontotemporal dementia, Clinical trials for dementia
Clinic: 650.723.5072
Medical: Georgetown University
Residency: Stanford University School of Medicine & UCLA
Fellowship: University of California San Francisco

Facial Rejuvenation
Virginia Teti, MD
Facial Plastic Reconstructive Surgery, Clinical Instructor
Medical: Eastern Virginia Medical School of Hampton Roads VA
Internship: Naval Medical Center VA
Residency: Naval Medical Center VA
Panel Host: Jesse Draper  3:20-4:53
A Lasting Inheritance: Microbes from Moms
Julie Parsonnet, MD
George Deforest Barnett Professor in Medicine, Professor of Health Research and Policy
Research Interest: Gastrointestinal infections, Tuberculosis, H. pylori infection, Infections as a cause of cancer
Clinic: 650.736.5200
Medical: Cornell University Medical College
Residency: Internal Medicine, Massachusetts General Hospital
Fellowship: Infectious Diseases, Massachusetts General Hospital

Kenyan Prevention Program: Impact on Rape & Teen Pregnancy
Lee & Jake Sinclair, MD
Founders of No Means No Worldwide & Ujamaa
Research Interest: Women’s Rights, Gender-based violence
Email: jakesinclairmd@gmail.com, lee@nmnw.org

Women as Surgical Patients in the Developing World
Sherry Wren, MD, FACS
Associate Dean, Academic Affairs, Director of Clinical Surgery, Professor of Surgery at Palo Alto VA
Research Interest: Robotics, Cancer, Global Surgery
Clinic: 650.852.3461
Medical: Loyola University
Residency: Yale-New Haven Hospital
Fellowship: University of Pittsburgh School of Medicine

Jennifer Hartle, DrPH, MHS, CIH
Postdoctoral Research Fellow, Stanford Prevention Research Center
Research Interest: Environmental Health, Food Systems, Dietary Exposure Assessment, and Risk Science
MHS: Johns Hopkins Bloomberg School of Public Health
Doctor of Public Health: Johns Hopkins Bloomberg School of Public Health
Moderator  3:20-3:56
Sepideh Modrek, PhD
*Instructor, Medicine*
Research Interest: Global Economic & Health Disparities
Phone: 650.721.1801
MA: UC Berkeley
Doctorate: UC Berkeley
Post-Doc: Stanford University

The Chronic Disease Epidemic: How a Woman’s Household Status Impacts Her Health
Shuchi Anand, MD, MS
*Instructor, Nephrology*
Research Interest: Nephrology
MCE: Stanford University School of Medicine
Residency: Brigham and Women’s Hospital, Internal Medicine
Fellowship: Stanford University School of Medicine, Nephrology

Mother or Doctors: Who Decides About Female Genital Mutilation in Egypt?
Sepideh Modrek, PhD
*Instructor, Medicine*
Research Interest: Global Economic & Health Disparities
Phone: 650.721.1801
MA: UC Berkeley
Doctorate: UC Berkeley
Post-Doc: Stanford University
Section B: 3:20-5:15 – Lane/Lyons/Lodato

Panel: Three Major Health Issues That Affect Women Worldwide  
4:00-5:15

Moderator and Discussant:

Anne Firth Murray  
Consulting Professor in Human Biology, Author,  
Founding President, the Global Fund for Women, San Francisco  
Research Interest: International Women’s Health  
Bachelors: UC Berkeley  
Masters: New York University  

Reproductive Health and Access to Safe and Legal Abortion

Caitlin Gerdts, PhD, MHS  
Epidemiologist, UCSF

Research Interest: Morbidity & Mortality due to Unsafe Abortion
Email: gerdtsc@obgyn.ucsf.edu
MHS: Johns Hopkins Bloomberg School of Public Health
Doctorate: UC Berkeley

Gender-Based Violence: a Universal Problem

Nicole Baran, MA, MSW  
Lecturer, Program in Feminist, Gender and Sexuality Studies at Stanford,  
Founding Executive Director of Center for Relationship Abuse Awareness, Menlo Park

Research Interest: Relationship Abuse and Sexual Violence
Email: Nicole@stoprelationshipabuse.org
MA: Stanford University
MSW: Washington University in St Louis

Equal Access to the Paid Economy: Escape from Poverty

Violeta Krasnic, MA  
Program Director for Europe, Central Asia, Middle East, and North Africa- Global Fund for Women, San Francisco

Research Interest: Women’s Rights, Gender-based violence, Video/Media Advocacy, Social Justice Philanthropy
Email: vkrasnic@globalfundforwomen.org
BA Psychology: Columbia University School of General Studies
MIA Human Rights: Columbia University School of International and Public Affairs
Stanford Medicine in the Community: Screenings & Exhibits - Barnes/McDowell/Cranston

**Health Library**
Sponsored by Stanford Hospital & Clinics, the library provides free, evidence-based medical information to help people make informed decisions about their health and health care.
Website: [healthlibrary.stanford.edu](http://healthlibrary.stanford.edu)

**Aging Adult Services**
Our program is devoted to meeting the needs of aging adults and their families, and providing them a continuum of care with support and resources.
Website: [stanfordhospital.org/agingadultservices](http://stanfordhospital.org/agingadultservices)

**Navigation Services**
Navigation Services at Stanford provides patients and guests with a warm welcome, assistance navigating the hospital and clinics, important information, support resources and programs.
Website: [med.stanford.edu/stanfordhospital/forPatients/patientServices/navigationservices.html](http://med.stanford.edu/stanfordhospital/forPatients/patientServices/navigationservices.html)

**Stanford Primary Care**
Stanford Primary Care provides family, adult, and senior primary care, as well as specialized programs customized for you. We make it easy for you and your family to find the right primary care doctor, visit a clinic near you, and access world-class specialists.
Website: [stanfordhospital.org/primarycare](http://stanfordhospital.org/primarycare)

**Stanford Stroke Center**
Stanford Stroke Center is the first program in the nation to earn comprehensive stroke certification from the Joint Commission, recognizing our leadership in stroke treatment and research. Our comprehensive center continues to pioneer medical, surgical and interventional therapies for treating and preventing stroke.
Website: [stanfordhospital.org/stroke](http://stanfordhospital.org/stroke)

**Stanford Cardiovascular Health**
Stanford Cardiovascular Health is committed to improving your heart health with innovative research and cutting-edge clinical trials. We bring together teams of clinical specialists from various disciplines that focus on predicting and preventing heart conditions. We’re committed to keeping your heart healthy for life.
Website: [stanfordhospital.org/cardiovascularhealth](http://stanfordhospital.org/cardiovascularhealth)

**Stanford Dermatology**
Stanford Dermatology Center offers a full range of medical and surgical dermatology services in a patient friendly environment. Whether you’re suffering from a common condition or a difficult-to-manage disease, Stanford Dermatology’s team has broad experience in treating all skin conditions – from the common to the complex.
Website: [stanfordhospital.org/dermatology](http://stanfordhospital.org/dermatology)

**Stanford Medicine Imaging**
Stanford Medicine Imaging is committed to providing outstanding care, utilizing state-of-the-art technology, and offering the subspecialty expertise of Stanford’s world-renowned Department of Radiology. Our team of medical professionals conducts more than a quarter of a million studies each year, maintaining the highest standards of clinical excellence provided in a compassionate, caring environment. Stanford Medicine Imaging will be providing information on our services including 3D Mammography and specialty health screenings (CT Lung Cancer, CT Heart Calcium Score, and CT Virtual Colonoscopy).
Website: [imaging.stanfordhospital.org](http://imaging.stanfordhospital.org)

**Division of Clinical Anatomy**
Explore new immersive 3-D anatomy visualization technologies including Z Space and Oculus Rift.
Website: [anatomy.stanford.edu](http://anatomy.stanford.edu)

**Women’s Heart Health at Stanford Ankle-Brachial Index Tests**
The Women’s Heart Health team is dedicated to the improvement of cardiovascular health in women by offering evidence-based, sex-specific, personalized, and comprehensive care including prevention, diagnosis, and treatment of cardiovascular disease.
Website: [stanfordhospital.org/cardiovascularhealth/womenHeartHealth](http://stanfordhospital.org/cardiovascularhealth/womenHeartHealth)
Adorie Howard - Class of 2017
I am a freshman potentially majoring in Psychology and Comparative Studies in Race and Ethnicity. I am very interested in the disparities amongst different races in the educational system and gaps in wealth and achievement. I am an intern for WSDM because I want to expand my knowledge about this topic, as it emphasizes enlightening the public about sex differences and gender in medicine with the hopes of improving treatment. Besides being a student and intern, I am very involved in club basketball, writing poetry, playing the guitar, and spending lots of time with family and friends.

Ashley Jowell - Class of 2014
I am a freshman potentially majoring in Human Biology. I am particularly interested in global health and how women's health can be prioritized internationally to ensure that the rights of all individuals are upheld. I joined the WSDM team in order to learn more about sex differences in medicine as well as to be able to contribute to the incredible work at this center. I enjoy running, being a part of various service clubs on campus, and spending time with family and friends.

Aziza Dawodu - Human Biology Major, Class of 2017
I am a senior majoring in Human Biology and concentrating in Women’s Health. I am interested in domestic and international women’s health, and would like to be an obstetrician-gynecologist in the future. I learned about WSDM while interning for Dr. Westphal, one of the co-directors for the program. I enjoy reading, dancing, and meeting unique people. I hope to learn more about women’s health through working for WSDM and Dr. Westphal. I am pleased that I can play an active role in the center.

Haley Schmoyer - Human Biology Major, Class of 2015
I am a junior majoring in Human Biology with an area of concentration in Human Health and Performance. I am very interested in public health and disease prevention. Through my coursework at Stanford, I have learned how important specialization of medical treatment can be, especially when it comes to sex differences in medicine. I am excited to be a WSDM intern to help further public knowledge of women’s health and sex differences, and to learn more about individualized health care for all genders.

Roslyn Murray - Human Biology Major, Class of 2015
I am a junior at Stanford, majoring in Human Biology with a concentration in Inequity, Healthcare in Underserved Populations. As an undergraduate at Stanford I have taken a multitude of enriching and diverse courses, which have helped me realize and develop educational and career goals. I am very excited to help the WSDM (Women and Sex Differences in Medicine) center, as women and LGBTQI populations are often overlooked in medicine. This education is very valuable, and I am thrilled to be working with such talented faculty and staff on this topic.
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